

Elingea Products 2025

Mediterranean natural products



Who We Are

Elingea was founded in Central Macedonia with the goal of creating innovative products of high nutritional value. We combine traditional values with modern technologies, redefining the concept of quality in food.

Our philosophy is based on offering exceptional quality Greek products, with a strong commitment to innovation and continuous improvement.



Benefits of Collaboration

The product is rare and valuable, providing significant added value to the market. Strategic partnerships can ensure a stable and reliable supply, fostering mutually beneficial relationships.

The uniqueness of the product strengthens the customer's position through differentiation and exclusivity.

Its limited production cycle makes off Season availability impossible, increasing its rarity and distribution challenges.



Products

- All ingredients are selected under strict criteria to ensure the highest possible quality.
- Pasteurization neutralizes any potential pathogens while maintaining the organoleptic and nutritional characteristics.
- This processing method allows safe storage for up to two years without alterations or loss of composition and quality.





From Our Fields
to Your Plate



Nutritional Properties of Asparagus

- **Antioxidant Action** Contains vitamins C, E, glutathione, flavonoids, and polyphenols that reduce oxidative stress.
- **Cardioprotective Effect** Folic acid lowers homocysteine levels, while potassium helps regulate blood pressure.
- **Gut Microbiota Support** Dietary fibers and inulin act as prebiotics, promoting gut health.
- **Diuretic Effect** Increases kidney excretion, aiding detoxification and preventing fluid retention.
- **Rich in Folic Acid** Supports DNA synthesis and neural tube development during embryogenesis.
- **Glycemic Regulation** Low glycemic index and high fiber content help stabilize blood sugar levels.
- **Bone Health** Vitamin K promotes osteocalcin synthesis, enhancing bone density and skeletal function

Asparagus

Asparagus preserved in its natural broth, retaining all its nutritional benefits.

They remain authentic and full of flavor, while the broth enhances their value and health benefits.



Asparagus Sauce with Tomato, Basil Extra Virgin Olive Oil

We combine emblematic Greek ingredients essential to Mediterranean cuisine like onion, tomato, olive oil, and basil while keeping asparagus at the forefront.

Our goal is to offer more creative options in modern cuisine.

Ingredients: Tomato paste 50%, Asparagus purée 33%, Onion 10%, Extra virgin olive oil 2.5%, Balsamic vinegar, Salt 1.5%, Basil, Dried garlic

- Pasteurized product
- 24 month shelf life
- Glass jar with five language label: Greek, English, German, Dutch, French



Net weight
350ml

Pack
of 12



Net weight
680ml

Pack
of 6



Asparagus Sauce with Tomato Purée, Cretan Graviera, Pepper & Extra Virgin Olive Oil

Continuing the same philosophy, we elevate the taste with Cretan Graviera P.D.O. and a small amount of Kefalotyri cheese from Elassona (P.D.O.)

The combination of pepper, cheeses, and olive oil enhances the asparagus flavor, offering a richer and more enjoyable experience.

Ingredients: Crushed tomato 38%, Asparagus purée 30%, Onion 8%, Sweet pepper 7%, Cretan Graviera cheese 6%, Kefalotyri cheese 5.5%, Extra virgin olive oil 2.2%, Salt 1.6%, Balsamic vinegar, Basil, Dried garlic

- Pasteurized product
- 24 month shelf life
- Glass jar with five language label: Greek, English, German, Dutch, French



Net weight
350ml

Pack
of 12



Net weight
680ml

Pack
of 6

Asparagus Sauce with Mushrooms, Saffron, Green Pepper & Lemon Zest

A refined combination where asparagus and mushrooms blend harmoniously with aromatic Kozani saffron. Lemon zest adds freshness, while pepper completes the flavor profile with a subtle sweetness. A distinctive option for contemporary cuisine.

Ingredients: Asparagus purée 72%, Mushrooms 15%, Green pepper 5%, Potato starch, Extra virgin olive oil 2%, Natural lemon juice, Salt 1%, Lemon zest, Thyme, Basil, Saffron

- Pasteurized product
- 24 month shelf life
- Glass jar with five language label: Greek, English, German, Dutch, French



Net weight
350ml

Pack
of 12



Net weight
680ml

Pack
of 6

Asparagus in Natural Broth

Ingredients:

Asparagus 65%, Water 34.5%, Salt 0.4%, Citric acid 0.1%

- Pasteurized product
- 24 month shelf life
- Glass jar with five language label: Greek, English, German, Dutch, French



Gross Weight
350ml
Drained Weight
180ml
Pack
of 12



Gross Weight
980ml
Drained Weight
650ml
Pack
of 6



Gross Weight
1980ml
Drained Weight
1300ml
Pack
of 3

Pallet Specifications

	2L PALLET	1L PALLET	680ml PALLET	350ml PALLET
HEIGHT	130cm	135cm	135cm	135cm
CARTONS/ PALLET	80	90	112	104
JARS / CARTON	3	6	6	12
WEIGHT	625kg	715kg	665kg	660kg

* + (20kg per pallet)





Elingea

1st km

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*Our products are produced and packaged by Meditastes
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